



Health and Wellbeing 10 Year Strategy (2022-2032) 2023/2024

No of Indicators = 36 | Direction of Travel (DoT) shows the trend of how an indicator is performing against its Polarity over time.
Produced by the Business Intelligence Hub January 2025

			Previous Years								2023/2024			
			2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Year	Polarity	DOT	
Goal 01: Reduce the gap in healthy life expectancy	PHOF17	Slope index of inequality in life expectancy at birth - Female - (Three year period)	Annual	4.3	4.2	5.2	6.2	6.2	5.7	Due Feb 25	Due Feb 25	Due Feb 26	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	7.1	7.3	7.4	7.5	7.6	7.9	Due Feb 25	Due Feb 25	Due Feb 26		
		Regional Rank (Rank out of 15)	Annual	2	3	3	3	3	3	Due Feb 25	Due Feb 25	Due Feb 26		
	PHOF37	Slope index of inequality in life expectancy at birth - Male - (Three year period)	Annual	7.2	7.7	8.9	8.4	8.3	8.4	Due Feb 25	Due Feb 25	Due Feb 26	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	9.2	9.4	9.4	9.5	9.4	9.7	Due Feb 25	Due Feb 25	Due Feb 26		
		Regional Rank (Rank out of 15)	Annual	3	3	2	3	3	3	Due Feb 25	Due Feb 25	Due Feb 26		
	PHOF98	Difference in healthy life expectancy at birth between females and males (yrs)	Annual	0.84	0.87	0.39	1.15	1.11	1.13	1	0.47	0.67	Neutral	◀▶ Neutral
		Benchmark - National Data	Annual	0.95	0.78	0.67	0.81	0.54	0.96	0.99	0.51	0.36		
		Benchmark - Regional Data	Annual	0.65	0.77	0.23	0.93	0.78	0.82	0.47	0	0.48		
Goal 02: Support good mental health	PHOF18	% of people with a self-reported high anxiety score	Annual	23.66%	22.02%	24.20%	20.90%	26.00%	27.01%	25.26%	26.17%	Due Feb 25	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	19.37%	19.87%	20.01%	19.72%	21.88%	24.13%	22.55%	23.32%	Due Feb 25		
		Benchmark - Regional Data	Annual	21.52%	21.17%	21.18%	20.57%	22.06%	24.88%	22.30%	24.24%	Due Feb 25		
		Regional Rank (Rank out of 15)	Annual	12	12	14	7	15	11	14	11	Due Feb 25		
	PHOF19	% of people with a self-reported low happiness score	Annual	6.75%	8.33%	9.50%	11.25%	9.33%	8.86%	10.80%	6.21%	Due Feb 25	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	8.75%	8.54%	8.21%	7.81%	8.76%	9.21%	8.41%	8.85%	Due Feb 25		
		Benchmark - Regional Data	Annual	9.92%	9.48%	9.06%	9.41%	9.78%	10.33%	7.88%	9.57%	Due Feb 25		
		Regional Rank (Rank out of 15)	Annual	1	5	9	12	4	7	14	2	Due Feb 25		

			Previous Years									2023/2024		
		Collection Frequency	2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Year	Polarity	DOT	
Goal 03: Reduce smoking rates	PHOF188	Smoking Prevalence in adults (18+) - current smokers (APS) (2020 definition)	Annual	14.60%	12.60%	9.00%	11.50%	11.90%	11.70%	9.20%	8.70%	8.10%	Up is Bad	▼ Green
		Benchmark - National Data	Annual	16.90%	15.50%	14.90%	14.40%	13.90%	13.80%	13.00%	12.70%	11.60%		
		Benchmark - Regional Data	Annual	18.60%	17.70%	17.00%	16.70%	15.70%	14.70%	14.10%	13.10%	12.70%		
		Regional Rank (Rank out of 15)	Annual	2	2	1	1	2	3	1	1	1		
	PHOF187	Smoking prevalence among adults aged 18-64 in routine and manual occupations (APS) (2020 definition)	Annual	28.10%	26.40%	24.60%	18.60%	26.90%	22.30%	20.90%	15.20%	18.80%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	28.10%	26.50%	25.70%	25.40%	24.50%	24.50%	23.60%	22.50%	19.50%		
		Benchmark - Regional Data	Annual	30.00%	28.90%	28.20%	27.40%	27.60%	25.50%	24.20%	21.70%	21.60%		
		Regional Rank (Rank out of 15)	Annual	4	4	3	1	6	5	4	1	6		
	PHOF10	% of women who smoke at the time of delivery - (CYC)	Annual	12.30%	11.10%	10.40%	11.60%	10.40%	10.30%	8.00%	8.10%	6.20%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	11.00%	10.70%	10.80%	10.60%	10.40%	9.60%	9.10%	8.80%	7.40%		
		Benchmark - Regional Data	Annual	14.60%	14.40%	14.20%	14.40%	14.00%	13.10%	12.00%	11.60%	9.30%		
		Regional Rank (Rank out of 15)	Annual	4	2	1	2	1	3	1	1	1		
	PHOF195	Smoking prevalence in adults with a long term mental health condition (18+) - current smokers (GPPS)	Annual	29.80%	28.50%	21.30%	30.30%	19.30%	26.30%	23.10%	20.90%	Due March 25	Up is Bad	▼ Green
		Benchmark - National Data	Annual	33.00%	30.30%	27.80%	26.80%	25.80%	26.30%	25.20%	25.10%	Due March 25		
		Benchmark - Regional Data	Annual	34.80%	31.60%	29.80%	28.20%	27.60%	27.50%	27.50%	25.40%	Due March 25		
		Regional Rank (Rank out of 15)	Annual	3	5	2	10	1	4	4	3	Due March 25		

			Previous Years								2023/2024			
			2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Year	Polarity	DOT	
Goal 04: Reduce proportion of residents drinking over 14 units of alcohol a week	LAPE12	Admitted to hospital with alcohol-related conditions (Broad): Males, all ages (per 100,000 population) - (New methodology)	Annual	-	2,411	2,912	3,103	3,057	2,468	2,913	2,976	Due May 25	Up is Bad	▲ Red
		Benchmark - National Data	Annual	-	2,534	2,585	2,752	2,826	2,309	2,682	2,646	Due May 25		
		Benchmark - Regional Data	Annual	-	2,718	2,731	2,812	2,800	2,300	2,678	2,727	Due May 25		
		Regional Rank (Rank out of 15)	Annual	-	7	10	11	11	9	10	10	Due May 25		
	LAPE13	Admitted to hospital with alcohol-related conditions (Broad): Females, all ages (per 100,000 population) - (New methodology)	Annual	-	978	968	1,084	1,118	942	1,075	1,001	Due May 25	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	-	837	855	911	938	801	906	881	Due May 25		
		Benchmark - Regional Data	Annual	-	932	941	986	991	831	955	943	Due May 25		
		Regional Rank (Rank out of 15)	Annual	-	10	9	10	12	11	12	8	Due May 25		
	PHOF191	Percentage of adults drinking over 14 units of alcohol a week - (4 year Aggregated)	Annual	29.40% (2014/15)	29.40% (2014/15)	29.40% (2014/15)	21.40%	21.40% (2018/19)	21.40% (2018/19)	21.40% (2018/19)	21.40% (2018/19)	21.40% (2018/19)	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	25.30% (2014/15)	25.30% (2014/15)	25.30% (2014/15)	22.80%	22.80% (2018/19)	22.80% (2018/19)	22.80% (2018/19)	22.80% (2018/19)	22.80% (2018/19)		
		Benchmark - Regional Data	Annual	25.80% (2014/15)	25.80% (2014/15)	25.80% (2014/15)	21.20%	21.20% (2018/19)	21.20% (2018/19)	21.20% (2018/19)	21.20% (2018/19)	21.20% (2018/19)		
		Regional Rank (Rank out of 15)	Annual	12 (2014/15)	12 (2014/15)	12 (2014/15)	9	9 (2018/19)	9 (2018/19)	9 (2018/19)	9 (2018/19)	9 (2018/19)		

			Previous Years									2023/2024		
		Collection Frequency	2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Year	Polarity	DOT	
Goal 05: Reduce unhealthy weight	NCMP03	% of reception year children recorded as being overweight (incl. obese) (single year)	Annual	22.37%	20.83%	24.07%	23.65%	21.40%	NC	22.70%	19.90%	22.80%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	22.14%	22.63%	22.38%	22.59%	23.00%	27.70%	22.25%	21.31%	22.10%		
		Benchmark - Regional Data	Annual	22.39%	22.19%	22.93%	23.68%	24.10%	29.50%	23.73%	22.50%	23.80%		
		Regional Rank (Rank out of 15)	Annual	8	3	9	9	3	NC	3	2	4		
	NCMP04	% of children in Year 6 recorded as being overweight (incl. obese) (single year)	Annual	27.99%	29.05%	31.78%	29.97%	33.80%	NC	31.54%	32.50%	33.50%	Up is Bad	▲ Red
		Benchmark - National Data	Annual	34.17%	34.25%	34.32%	34.29%	35.20%	40.90%	37.76%	36.57%	35.80%		
		Benchmark - Regional Data	Annual	34.63%	34.64%	34.71%	35.09%	35.80%	42.20%	39.19%	38.10%	37.50%		
		Regional Rank (Rank out of 15)	Annual	1	1	3	1	4	NC	1	1	2		
	NCMP10	Absolute gap in % of Year 6 recorded obesity between highest and lowest York ward (3 year aggregated)	Annual	13.10%	19.50%	15.80%	14.40%	18.60%	NC	19.70%	19.29%	17.04%	Up is Bad	▼ Green
	PHOF44a	% of adults (aged 18+) classified as overweight or obese (New definition)	Annual	59.30%	58.90%	56.50%	57.20%	62.20%	63.60%	59.50%	63.30%	Due May 25	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	61.20%	61.30%	61.90%	62.00%	62.60%	63.30%	63.80%	64.00%	Due May 25		
		Benchmark - Regional Data	Annual	64.30%	65.60%	64.20%	65.00%	64.80%	66.30%	66.50%	66.60%	Due May 25		
		Regional Rank (Rank out of 15)	Annual	1	2	1	1	4	5	1	2	Due May 25		

			Previous Years								2023/2024			
		Collection Frequency	2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Year	Polarity	DOT	
Goal 06: Reduce health inequalities	PHOF40a	Gap in employment rate for mental health clients and the overall employment rate (new definition 21/22 onwards)	Annual	-	-	-	-	-	-	64.80%	Due May 25	Due May 25	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	-	-	-	-	-	-	69.40%	Due May 25	Due May 25		
		Benchmark - Regional Data	Annual	-	-	-	-	-	-	66.50%	Due May 25	Due May 25		
		Regional Rank (Rank out of 15)	Annual	-	-	-	-	-	-	5	Due May 25	Due May 25		
	PHOF41	Gap in employment rate for those with learning disabilities and the overall employment rate	Annual	66.30%	69.20%	68.60%	70.10%	71.30%	68.90%	74.30%	76.30%	Due May 25	Up is Bad	▲ Red
		Benchmark - National Data	Annual	68.10%	68.70%	69.20%	69.70%	70.60%	70.00%	70.60%	70.90%	Due May 25		
		Benchmark - Regional Data	Annual	65.90%	66.10%	66.10%	68.00%	67.70%	67.80%	69.40%	69.60%	Due May 25		
		Regional Rank (Rank out of 15)	Annual	9	12	8	11	12	7	15	15	Due May 25		
	PHOF75a	Excess under 75 mortality rate in adults with serious mental illness (New definition from Aug 2021)	Annual	-	-	421.7	377.2	399.7	412.9	438.5	459.8	478.8	Up is Bad	▲ Red
		Benchmark - National Data	Annual	-	-	350.6	359.7	377	383.5	385.9	385.9	383.7		
		Benchmark - Regional Data	Annual	-	-	331.2	330.6	341.8	337.7	338.1	334.7	335.7		
		Regional Rank (Rank out of 15)	Annual	-	-	14	11	12	14	15	15	15		

			Previous Years									2023/2024		
			2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Year	Polarity	DOT	
Goal 07: Reduce the rates of suicide and self-harm	PHOF107	Suicide rate - Female (per 100,000 population)	Annual	5.1	6.8	8.6	7.3	5.6	5.4	6.3	6.4	4.3	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	4.7	4.8	4.6	4.6	4.8	4.9	5.1	5.2	5.4		
		Benchmark - Regional Data	Annual	4.6	4.6	4.8	4.8	5.9	6.1	6.5	6.1	6.3		
		Regional Rank (Rank out of 15)	Annual	9	12	13	14	5	4	9	8	1		
	PHOF108	Suicide rate - Male (per 100,000 population)	Annual	23	19.3	18.7	17	18.3	21.7	20.9	19.6	15.5	Up is Bad	▼ Green
		Benchmark - National Data	Annual	15.8	15.4	14.7	14.9	15.6	16	16	15.8	16.4		
		Benchmark - Regional Data	Annual	17.2	16.5	16.4	16.8	18.4	19.3	19	18.3	18.5		
		Regional Rank (Rank out of 15)	Annual	15	13	11	6	6	12	11	11	3		
	PHOF32	Suicide rate (per 100,000 population)	Annual	14	12.9	13.5	11.9	11.7	13.3	13.4	12.9	9.7	Up is Bad	▼ Green
		Benchmark - National Data	Annual	10.1	9.9	9.5	9.6	10	10.3	10.4	10.3	10.7		
		Benchmark - Regional Data	Annual	10.7	10.4	10.4	10.7	12	12.5	12.6	12.1	12.3		
		Regional Rank (Rank out of 15)	Annual	14	13	13	11	6	11	11	11	3		
	PHE02	Hospital stays for self harm, per 100,000 population	Annual	257.7	237.4	213.9	197.6	170	180.9	155.1	93.9	Due May 25	Up is Bad	▼ Green
		Benchmark - National Data	Annual	195.9	184.5	184.5	194.8	191.2	180.4	163.7	126.3	Due May 25		
		Benchmark - Regional Data	Annual	190.5	195	195	206.8	197.8	174	146.6	120.6	Due May 25		
		Regional Rank (Rank out of 15)	Annual	6	11	11	4	2	3	9	3	Due May 25		

				Previous Years								2023/2024		
			Collection Frequency	2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Year	Polarity	DOT
Goal 08: Improve diagnosis gaps in dementia, diabetes and high blood pressure and detect	PHE11a	Estimated number of people (65+) with dementia	Monthly	-	2,613	2,644	2,695	2,744	2,754	2,828	2,883	2,945	Neutral	◀▶ Neutral
	PHE11b	Number of people (65+) diagnosed with dementia	Monthly	-	1,577	1,645	1,631	1,570	1,465	1,558	1,618	1,605	Neutral	◀▶ Neutral
	PHE11	Estimated dementia diagnosis rate (%) for people aged 65+ as recorded on practice disease registers	Monthly	NC	60.40%	62.20%	60.50%	57.20%	53.20%	55.10%	56.10%	54.50%	Up is Good	◀▶ Neutral
		Benchmark - National Data	Monthly	NC	67.90%	67.50%	68.70%	67.40%	61.60%	62.00%	63.00%	64.80%		
		Benchmark - Regional Data	Monthly	NC	71.30%	71.20%	71.60%	70.20%	63.20%	63.10%	65.10%	66.50%		
		Regional Rank (Rank out of 15)	Monthly	NC	15	15	15	15	14	14	13	15		
	PHOF192c	Calculated Diabetes Diagnosis Rate	Annual	77.70%	77.60%	78.20%	79.20%	77.70%	77.20%	80.20%	82.70%	81.10%	Up is Good	◀▶ Neutral
		Benchmark - National Data	Annual	79.70%	80.70%	81.60%	83.60%	85.70%	85.50%	88.70%	92.40%	89.70%		
		Benchmark - Regional Data	Annual	81.20%	82.60%	84.10%	86.10%	87.80%	87.80%	90.80%	94.60%	92.80%		
	PHOF193c	Calculated Hypertension Diagnosis Rate	Annual	64.00%	64.60%	65.20%	65.90%	66.40%	65.90%	67.50%	71.40%	75.00%	Up is Good	▲ Green
		Benchmark - National Data	Annual	67.50%	68.10%	69.10%	70.40%	72.30%	71.80%	73.00%	76.40%	79.40%		
		Benchmark - Regional Data	Annual	68.50%	69.40%	70.50%	71.80%	72.80%	72.30%	73.60%	77.20%	80.40%		
	PHOF194	Percentage of cancers diagnosed at stages 1 and 2	Annual	54.95%	52.59%	56.26%	51.82%	51.13%	49.51%	52.60%	Due Feb-25	Due Feb-26	Up is Good	◀▶ Neutral
		Benchmark - National Data	Annual	54.81%	54.60%	54.32%	54.56%	54.88%	52.35%	54.42%	Due Feb-25	Due Feb-26		
		Benchmark - Regional Data	Annual	53.00%	52.73%	51.88%	52.36%	53.38%	50.69%	52.64%	Due Feb-25	Due Feb-26		
		Regional Rank (Rank out of 15)	Annual	4	7	1	7	13	12	8	Due Feb-25	Due Feb-26		

			Previous Years								2023/2024			
			2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Year	Polarity	DOT	
Goal 09: Reduce the proportion of adults who are physically inactive from 1 in 5 to 1 in 7	HLTH55	Access to Healthy Assets & Hazards Index (Persons, All ages) - % of the population who live in LSOAs which score in the poorest performing 20% on the AHAH index	Annual	-	5.10%	5.40%	NC	NC	NC	NC	3.20%	NC	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	-	21.20%	21.1.%	NC	NC	NC	NC	22.60%	NC		
		Benchmark - Regional Data	Annual	-	22.20%	14.10%	NC	NC	NC	NC	19.90%	NC		
		Regional Rank (Rank out of 15)	Annual	-	4	7	NC	NC	NC	NC	1	NC		
	PHOF02a	% of adults (aged 19+) that are physically inactive (<30 moderate intensity equivalent minutes per week)	Annual	21.10%	18.30%	13.80%	15.80%	17.60%	21.20%	15.40%	16.30%	Due May 25	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	22.33%	22.24%	22.23%	21.39%	22.90%	23.38%	22.30%	22.60%	Due May 25		
		Benchmark - Regional Data	Annual	24.66%	24.08%	24.06%	22.66%	24.20%	24.24%	23.60%	24.10%	Due May 25		
		Regional Rank (Rank out of 15)	Annual	1	1	1	1	1	3	1	1	Due May 25		
	PHYS08	% of children in school years 1-11 that are active for 60+ minutes everyday	Annual	-	NC	49.20%	40.50%	NC	41.81%	NC	NC	Due Feb 25	Up is Good	◀▶ Neutral
		Benchmark - National Data	Annual	-	NC	43.26%	46.81%	44.89%	44.63%	47.20%	47.00%	Due Feb 25	Neutral	◀▶ Neutral
		Benchmark - Regional Data	Annual	-	-	41.27%	45.88%	43.22%	46.40%	45.70%	47.50%	Due Feb 25		
		Regional Rank (Rank out of 15)	Annual	-	-	3	12	NC	7	NC	NC	Due Feb 25		
	PHYS12	Proportion of adults who do any walking or cycling for any purpose at least three times per week	Annual	-	57.80%	60.40%	56.00%	60.50%	58.90%	55.00%	59.40%	57.30%	Up is Good	◀▶ Neutral
		Benchmark - National Data	Annual	-	45.70%	47.00%	47.20%	47.70%	46.00%	45.60%	45.80%	46.40%		
		Benchmark - Regional Data	Annual	-	43.60%	44.20%	44.70%	45.90%	44.60%	43.00%	43.00%	43.60%		

			Previous Years								2023/2024			
			2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Year	Polarity	DOT	
Goal 10: Reduce the proportion of adults who report feeling lonely	ASCOF111	Proportion of people who use services who reported that they had as much social contact as they would like	Annual	45.80%	49.50%	44.50%	43.40%	45.50%	35.40%	39.70%	41.30%	(Due Dec 2024)	Up is Good	▲ Green
		Benchmark - National Data	Annual	45.40%	45.40%	46.00%	45.90%	45.90%	34.40%	40.60%	44.40%	(Due Dec 2024)		
		Benchmark - Regional Data	Annual	46.00%	45.60%	47.50%	48.00%	46.20%	NC	40.20%	46.30%	(Due Dec 2024)		
		Regional Rank (Rank out of 15)	Annual	9	6	12	14	10	NC	11	13	(Due Dec 2024)		
	PHOF112	Loneliness: Percentage of adults who feel lonely often / always or some of the time	Annual	NC	NC	NC	NC	25.70%	25.70% (2019/20)	25.70% (2019/20)	25.70% (2019/20)	25.70% (2019/20)	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	NC	NC	NC	NC	22.30%	22.30% (2019/20)	22.30% (2019/20)	22.30% (2019/20)	22.30% (2019/20)		
		Benchmark - Regional Data	Annual	NC	NC	NC	NC	21.50%	21.50% (2019/20)	21.50% (2019/20)	21.50% (2019/20)	21.50% (2019/20)		
		Regional Rank (Rank out of 15)	Annual	NC	NC	NC	NC	13	13 (2019/20)	13 (2019/20)	13 (2019/20)	13 (2019/20)		
	PHOF99	% of adult social care users who have as much social contact as they would like (65+ yrs)	Annual	41.00%	48.70%	41.30%	37.00%	40.40%	NC	39.20%	37.40%	(Due Dec 24)	Up is Good	▼ Red
		Benchmark - National Data	Annual	43.70%	43.20%	44.00%	43.50%	43.40%	NC	37.30%	41.50%	(Due Dec 24)		
		Benchmark - Regional Data	Annual	44.80%	44.40%	44.90%	44.60%	43.40%	NC	36.80%	44.10%	(Due Dec 24)		
		Regional Rank (Rank out of 15)	Annual	13	5	12	15	11	NC	6	12	(Due Dec 24)		